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*Nick Joyce on
football, family
and faith*

LifeWell Conference Feature:

It's time for a
Parenting
Revolution!

Keeping it
Real, Relevant
and Relational

'Chariots of Fire' reinvent skating for the adventurous

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Cover Image: New Adelaide Crows recruit Nick Joyce. Photo by Wendy Rush

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It's Time for a

Regulating a child's behaviour can be like eating porridge with chopsticks: plausible, but terribly frustrating! During times of frustration, parents often grasp for the latest 'behavior management' techniques. But the star-chart and the timeout-style strategies come with their own set of administration, maintenance, supervision, and willpower issues. Oftentimes, initial signs of progress end up being little more than a tease. Rather than feeling empowered, parents who run around after children trying to 'manage' their behavior end up feeling exhausted. Add even the slightest hint of an onlooker's scorn or judgment and parents end up feeling defeated. Can anyone relate? This is not the way parenting should be.

Parenting should be something we treasure; a mission we cherish, honour, and look forward to engaging in each day. We as parents don't just want to manage problematic behaviour, we want to change, conquer and sustainably transform it for good. Rather than getting our children to merely comply with our demands, we

desire for them to 'want' to do what's right. This kind of long-term change that most parents seek doesn't depend on the latest disciplinary or bribery tricks, it requires a full on Parenting Revolution!

Typical child-rearing programs encourage parents to 'manage' their children's behavior, but this does not achieve sustainable behavioural transformation. Rather than managing behaviour, the eCOUCH Parenting Revolution™ seeks to radically influence children's behavior. In order to make the hardest job in the world less stressful and more fun, the Parenting Revolution strategically equips parents with seven fundamental keys:

1. How to inspire, nurture and capture their child's heart;
2. The value and importance of respect and working together as a family team;
3. The strategic order of relationships and rules in our home;

4. Social, emotional, cognitive, spiritual and physical, development foundations
5. How to eliminate destructive attitudes and behaviours;
6. Ways to motivate, cultivate and sustain positive behavioral transformation;
7. The importance of having LOTS of exciting, fun filled times together

Want to start a Parenting Revolution in your own home? Consider the following core principles of effective parents:

- Effective parents are autonomous. Rather than making excuses for their family's functioning, effective parents believe that sustainable change comes from taking full responsibility, no matter what the circumstances. The effective parents recognise the importance of leadership in the home.
- Effective parents understand that

Parenting Revolution!

By Dr Robi Sonderegger, Clinical Psychologist



Parenting should be something we treasure; a mission we cherish, honour, and look forward to engaging in each day. We as parents don't just want to manage problematic behaviour, we want to change, conquer and sustainably transform it for good.

inspiration influences a child's attitude, attitude influences respect, and respect in turn influences behaviour. Rather than jump at the opportunity to discipline bad behavior, effective parents seek to renew attitude, transform identity, enhance learning, increase self-discipline, promote potential, and encourage peak performance. Effective parents capture their child's heart through inspiration.

- The effective parent maintains a level head. The term 'level' describes the balance between rational and emotional states of mind. When frustration creeps in, wisdom sneaks and leaks out. When upset, enraged or discouraged, any hope of effective parenting flies out the window. To be effective, parents need to learn how to manage their own emotions and master their reactive habits.
- The effective parent understands that the way a child behaves and conducts him/herself is an expression of what's happening on the inside.

While environmental and biological characteristics outside of a child's control may also impact upon their behaviour, the fortitude of a child to make wise, mature, and moral choices doesn't come by chance or accident. It requires a deposit, injection, investment, and an inpouring of values.

- For the effective parent, discipline is essential. Yet discipline is viewed in the broader context of relating to, communicating with and nurturing children in love. When establishing boundaries, effective parents understand that relationship is key. It is important to understand that rules before relationships results in resentment and rebellion. However, relationship before rules results in respect.

Revolutions are akin to rebellion. What do we parents want to rebel against? We want to rebel against the daily grind of 'behaviour management'. What are we fighting for? We are fighting for the long

lasting transformation that comes with 'behavioural influence'. This is no easy task, but it's a revolution worth joining. A true revolutionary takes up this cause for the long-term benefit of others (in this case, our children). Is it time for a Parenting Revolution in your home?

Dr. Robi Sonderegger is a Clinical Psychologist renowned for taking psychology from the frontline to the home front™. He is best known as a compelling, passionate and highly entertaining presenter. As a devoted husband and father of three children, Dr. Robi dedicates his life to 'celebrating the value of family' and 'being a voice for children whose cry goes unheard.'

Dr Robi Sonderegger will be a keynote speaker at LifeWell Conference 2012.

For more information about the eCOUCH Parenting Revolution, visit www.drrobi.com



Bangalow Presbyterian Church, NSW. Photo by Wendy Rush

Keeping it Real, Relevant and Relational

By Mark McCrindle, social analyst with an international reputation for tracking emerging issues, researching social trends, and analysing customer segments.

In a world of commercialism, media saturation and status updates, the church exists as an oasis of substance, reflection and authentic community. Therefore the last thing the church needs to do is to conform to these fads, however it does need to understand the changing times and respond to the new realities.

Our research consistently shows that Australians are warm towards Jesus but unsure on the church. The church is well regarded for its education, health and welfare legacy in forging this nation and its ongoing community building to this day. While 91% of Australians state the church is beneficial for the community, just 56% say it is beneficial to them as an individual. This socio-solo deficit highlights that Australians see the value of churches in their community but have their own reservations about the relevance of church in their own life. This is further validated by attendance numbers: half a century ago, almost 1 in 4 adults

attended church regularly while today it's closer to 1 in 14.

While the complexity of life and the busyness of modern households have no doubt impacted on church attendance numbers, this is not the primary obstacle- just 15% of Australians state that they are "too busy to attend". And nor is it an issue of belief - just 14% put their non-attendance down to doubts about Jesus and the Bible. Australians consistently attributed their reasons for non-attendance to the relevance of the church, the application of its teaching in their lives and the style of services. The key objections were that it was "outdated", "judgemental" and "hypocritical" and they would more likely attend church if it was "modern", "relevant" and "transparent". It must be understood that while Australians have strong views of the church, most have had little adult experience of church services. Church leaders can take heart that Australians have not rejected the church

but rather their perceptions of it. It's their imaginings of a church service that has been found wanting rather than the modern day reality. Perceptions are powerful and influence behaviour therefore ought not be dismissed. Therefore the remedy to the relevance question is one of communication, interaction and invitation.

It's clear that Australians are not waiting longingly for a new church to be set up in their community. Indeed when given 13 different community facility options which they could opt for, a local church came last-- even after a leash free park for dogs! When asked about the community services they most want for their area, spiritual input and church services were ranked last on the list of 10 services, with the list being topped by youth activities, counselling and crisis support and job skills training.

Our "Life Priority Ladder" showed that both non-church goers and church goers agreed the relational area of their life was most important. But the differences emerge from there, with non-church goers placing physical health second and spiritual wellbeing last while churchgoers ranked spiritual wellbeing second and financial and vocational areas last.

The majority of Australians felt that society was being increasingly stratified by generations and there was a desire for more intergenerational interactions, which highlights a unique aspect of the church - that it remains as one of the few multigenerational contexts still existing in our society.

In church attendance analysis, one demographic trend is clear; there's a clear trend line emerging as far as church attendance is concerned, with the 65-plus age group strongly represented in the church (comprising 14% of the population but 28% of all church attendees), compared to the 25-34 year old Generation Ys (who comprise 14% of the population but just 8% of church goers). This does not mean that the church is trending towards extinction, after all Jesus said "I will build my church and the gates of hell will not prevail against it" (Matt 16:18). However churches do have a responsibility to engage with every generation and a commission to effectively communicate in every era.

The research was conducted by McCrindle Research in April 2012 through a national study of Australians which received 1,163 completed surveys.

Mark McCrindle will be a keynote speaker at LifeWell Conference 2012.

<http://markmccrindle.com>

Have you ever had an encouraging letter? Has someone told you what a difference you have made in their life?

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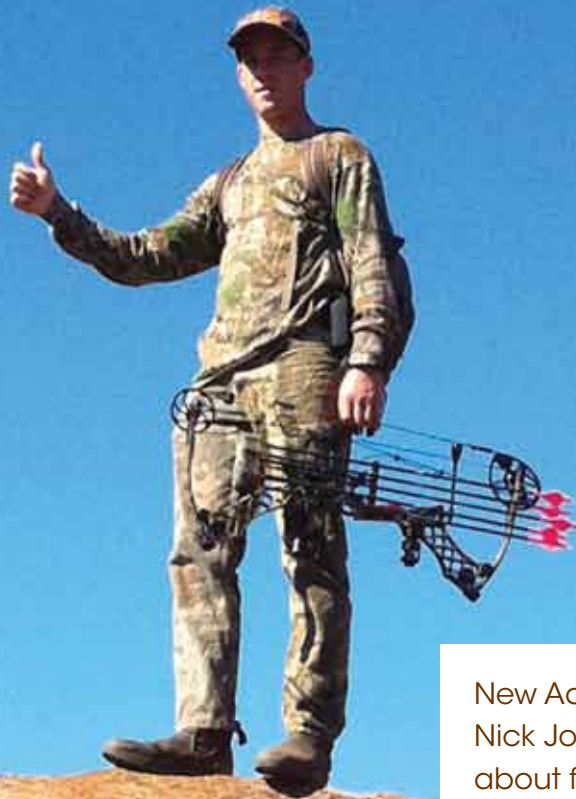


Robi Sonderegger



Mark McCrindle

In the Company of Giants



New Adelaide Crows recruit Nick Joyce talks to Wendy Rush about football, family and faith.

On being introduced to Nick Joyce, and hearing about his life and his aspirations to be a top AFL footballer, I can't help but be reminded of David, the character from the Old Testament who was famous for slaying the giant Goliath. I'm not sure if Nick has come up against any giants yet, metaphorically or otherwise. But there is no doubt he will soon because the AFL is full of them. The giants he will face on the field will include those who are large in bodily terms, and Nick will have to be at his physical best to match them. But more importantly many of them will be giants in terms of their experience, performance and 'legendary' status. This is a whole other ball game and will require an attitude of the heart that gives Nick the strength to perform under extreme pressure, and also an unwavering belief in his ability, his identity and his purpose.

But giants of the AFL aside, before David slew Goliath he was a shepherd boy. He spent day and night out with his flock fending off wild animals, rescuing his sheep from the jaws of bears and lions. And while David was prepared physically for the battle, he was

also prepared spiritually. God had called him 'a man after my own heart', highlighting that the character of a man is more important than his physical attributes.

And this is why, when talking to Nick, I am reminded of David. Nick grew up on a farm in Wandearah, which is two and a half hours drive north of Adelaide. He played football for Crystal Brook before moving to Adelaide to live with a host family when he was 16 years old so he could play football with Woodville-West Torrens.

But being a country boy at heart he loves getting away from the city as much as possible. His favourite pastime, apart from playing footy, is hunting feral animals on the farm. "I sneak into the bush with my bow and arrow, listen to the birds, pray, seek God's face and see what feral animals are out and about!"

Nick grew up in a Christian home and his family is very important to him. He has a close relationship with Mum Wendy, Dad Brian and older brother Tom, as well as cousins and other extended family.

"I gave my life to the Lord in January 2009, and became serious about my faith. My faith means everything to me and it is the thing that gets me through the day. It keeps me positive when things go wrong. Romans 8:28 says 'and we know that in all things God works for the good of those who love him, who have been called according to his purpose.' We need to believe in that, and no matter how bad the situation is, God will be teaching and refining us through it."

Nick's dream of playing AFL football began when he was a young boy. Every decision he has made so far has moved him steadily forward on this God-given trajectory. Instead of doing Year 12 he took up a traineeship as a community development officer with the Adelaide Crows, and he quickly came to love the working environment, the people and the culture at the Club. So you can imagine Nick's delight when at aged 18 he was named in the national draft, and he was able to take his place amongst the Crows players.

"To hear my name it was unbelievable, I didn't know what to say or do. It was honestly just shock that went through my body. It was like a sense that all the hard work had paid off. It was a night I will never forget. I have dreamed this ever since I was 12 years old, when I had a vision at a Youth Alpha Camp of playing AFL Football at the MCG on Grand Final Day."

The Bible tells us that we should serve God wherever we are, and in whatever job we are doing. But how does Nick see himself serving God as an Adelaide Crows player?

"I always knew that my calling was to play AFL football because I knew that if I allowed God to use me he would speak through me to my teammates, coaches, opponents and supporters."

"I think that the one thing that Australians all have in common is their love for sport. If we can get more Christian sportspeople giving glory to God and sharing the truth

with unbelievers the better, because people do look to sportspeople for advice and how to live, and they look up to them. And I wouldn't be having this interview with you if it wasn't for the Crows and therefore I have already had this opportunity to share with you and the people reading this, about my faith and what God is doing in my life."

It's a fair comment and an indication that Nick is very conscious that as he moves into the spotlight in a sport that is embraced by around 9 million Australians, it will be increasingly important for him to display his Christian faith in an authentic way. His approach is to always be friendly and have time for everyone because, in his words, "people are always watching you and wanting to make an opinion about you for themselves."

Nick believes without a doubt that being picked to play for the Adelaide Crows is part of God's plan for his life. "Most definitely God has planned this. Looking back and seeing all the little things He has put in place that seemed insignificant at the time have all gone a long way to getting me drafted."

And what of his longer term goals? Nick responds simply by saying he wants to "become closer to God".

I recently read the book 'Wild at Heart' by John Eldridge. In it is a statement that says 'True masculinity is spiritual'. Nick has entered the most masculine of arenas in Australian sport that periodically points to certain individuals as being 'spiritual leaders'. For the boy from the bush who loves hunting, loves his family and loves God, it appears that his true masculinity will come not from his prowess on the football field, but from knowing who he is in Christ.

Looking back and seeing all the little things He has put in place that seemed insignificant at the time have all gone a long way to getting me drafted

Opposite page: Nick Joyce on his family's property. Below, clockwise from right: Nick (2nd from right) with (L-R) cousin Chloe, brother Tom and cousins Hollie and Sam; With his footy; With his bow and arrow.





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Just a Little Something

from Loan Leane

Just a little
Something



Chicken and Sweet Corn Soup

Ingredients

- 3 chicken fillets
- 1 litre chicken stock
- 2 tablespoons Sesame oil
- 1 chicken stock cube
- 375g can creamed sweet corn/corn
- 2 tablespoons cornflour
- 1-2 eggs
- 1 tablespoon salt
- 1 tablespoon of cracked black pepper
- Spring onions

Method

1. Cover chicken fillets with water and simmer until cooked
2. Remove Chicken from the water and set water aside
3. Shred chicken into strips.
4. In a pot combine chicken stock, sesame oil and creamed sweet corn
5. Bring to boil
6. Add shredded chicken and bring to boil
7. Mix cornflour with small amount of chicken water to form a thin paste. Drizzle into soup and mix thoroughly
8. Mix eggs in a separate bowl and add a dash of the chicken water, then drizzle into the pot very slowly from about 15cm above the pot.
9. Garnish with chopped spring onions.

Winter is nearing and the cold winds bring on the overwhelming surge inside of me. I think back to the hustle and bustle sounds in our kitchen, of my parents preparing winter dishes. Steam flowing out of the simmering pots and the smell of warm soup lingering in the air.

There are so many recipes I could share with you but I have decided to go with something simple and basic. Without a doubt it is one of my children's favourites on cold mornings and mine after a long day at work.

Watching my boys slurp each spoonful brings on a past vision of myself as a child sitting together with the entire household, silently inviting the warm broth into our bodies.

Dinner around our house was exciting for us as children. We always waited in anticipation for my father to tell us a story about his time back at home. Some were sad and some made us laugh until our bellies hurt.

Soup meals always reminded my father of our escape from Vietnam during the war. Regardless, they always demonstrated my father's resilience and pure love for his family and faith in Christ. With each meal that ended we came away knowing how blessed we were and to never take anything in life for granted.



'Chariots of Fire' reinvent skating for the adventurous

Wendy Rush speaks with Adelaide inventor Michael Jenkins about his amazing bicycle-inspired wheelskates.

The 1981 British movie *Chariots of Fire* is being re-released for a limited period in UK cinemas, in time for the London Olympics. The Oscar winning movie about two athletes who competed in the 1924 Olympics tells the true story of their motivation for running. In the movie one of them, devout Scottish Christian Eric Liddell, says "You came to see a race today. To see someone win. It happened to be me. But I want you to do more than just watch a race. I want you to take part in it. I want to compare faith to running in a race. It's hard. It requires concentration of will, energy of soul."

Adelaide inventor Michael Jenkins can no doubt relate to Liddell's words, as he runs his own race which, fuelled by faith, has also required 'concentration of will' and 'energy of soul'.

As a teenager Michael did a lot of skating - at the Elizabeth roller skating rink and then at the Payneham ice rink in Adelaide. He was also a keen cyclist and would ride his bike 15 km each way to work. In 1982, after completing his electrical apprenticeship, he ventured to Europe and rode around Greece,

Yugoslavia, Italy, France and Switzerland on a bike that was custom made in Adelaide.

"I love cycling" says Michael, "it's an awesome way to see a country but riding 100 or 150 km a day your backside gets sore on the seat and your hands get sore on the handle bars."

That Winter Michael stayed in Zermatt in the Swiss Alps, working and skiing "which is sensational because you're free! Free of the seat, handle bars and frame of a bicycle."

While he was cycling, Michael would think. One of the things he thought most about was how to bring together the best aspects of cycling, skiing and skating. And how great it would be to wear skates where the foot was suspended below the axle of a large bicycle sized wheel. This would allow the user to cruise around on just about any surface, with the same sensational, exhilarating freedom that he was familiar with when snow skiing or ice-skating.

After the ski season Michael cycled again through France and around England, Belgium

and Holland. Then in Amsterdam someone stole his bicycle, so he hitch hiked through Germany and back to Zermatt where he secured a job for the coming ski season. While waiting for his job to start, Michael went back to England to visit a friend in London, and it was then that his world fell apart.

"I ended up spending six months in a psychiatric hospital in West Sussex. I lost my job, my skis and my skates."

This was a major setback for Michael, who returned home to Adelaide to be with his family.

In that famous speech from *Chariots of Fire*, Eric Liddell says "And where does the power come from, to see the race to its end? From within. Jesus said, 'Behold, the Kingdom of God is within you. If with all your hearts, you truly seek me, you shall ever surely find me.' If you commit yourself to the love of Christ, then that is how you run a straight race."

Michael's desire to run 'a straight race' began when he became a Christian at the age of 26,

18 months after he returned from the UK. But he says he felt God was looking after and guiding him before then. "I questioned life and why things happened, and felt there was more than chance or fate at play. I believed there was life after death but I didn't know what happened and I wanted to know. I also didn't know if there was a God or not."

Travelling around Europe for two years Michael always felt someone was looking after him. "Sometimes extraordinary things would happen that seemed beyond coincidence."

Years passed, but Michael's vision of the bicycle-inspired skates stayed with him.

"In late 2004 I was working in a gold mine in the centre of South Australia and one night I was walking in the desert praying and asking God what he wanted me to do with my life."

It was then that Michael felt God tell him to develop what came to be known as 'wheelskates.'

"Within a few days 'Wazza' (Warren), one of the guys I was working with, told me he had a dream. I had mentioned once before that God sometimes speaks to me through dreams, so he wanted to tell me about his. In his dream there was a huge canyon. He was standing on one side with his family and I was on the other side moving around on a strange gadget he had never seen before. Then I came flying through the air over the canyon on the gadget to help him and his family.

"I felt the Lord was using his dream to confirm to me that he wanted me to invent and develop the skates, and that they would 'fly' – metaphorically be successful – and that I was to use the benefits of their success to help other people.

"I soon quit that job and got another one that gave me more time to develop prototypes. After secretly building two sets of prototypes in my garage I filed a patent application in May 2005 then went full time on the project."

After six years in development, Michael's wheelskates were 'ready to roll'.

"And the best part", says Michael, "is they perform better than I ever imagined they would."

Michael Chant, CEO of Life FM, was himself a champion skater in his younger days and couldn't contain his excitement after having the opportunity to try out the wheelskates manufactured by Michael Jenkins' company

Chariot Skates Ltd.

"Whenever I hear the word 'chariot' I always think of that incredible movie moment in Ben Hur. Speed. Power. Excitement. The rush of wind in your hair! Now I can experience all of that with these new Chariot Skates! This amazing Adelaide creation re-invents skating for those who have a sense of adventure. Wheelskates enable the skater to ride outdoors with speed and comfort. They are lightweight and effortless to ride, although you do have to know how to skate. I loved to skate on quads, I relished the move to inline hockey, I enjoyed the land rollers. But these wheelskates are really exciting" exclaims Michael Chant. "I can assure you they will give you the ride of your life."

The race so far has not been easy for Michael Jenkins. Because of budgetary constraints, he has had to take on responsibility for almost every aspect of turning his dream into reality. Finding investors, researching corporate structure, product design, manufacture, finance, intellectual property, marketing, even setting up an assembly factory in the Philippines.

"I know that without the Lord's help none of it could have come together as well as it did because there have been so many divine appointments along the way that made it all possible."

Michael admits that with limited resources at his disposal, he would need a miracle for things to keep going.

"I don't know where God is leading me from here. At the moment I feel I'm in the same situation as the Israelites when they had the Red Sea in front of them and the Egyptians behind them.

"We need a breakthrough of some sort. It could be the right person endorsing them: a ski coach, or a high profile athlete. And with enough enthusiasts, wheelskating could develop into a niche sport with races that we would sponsor and promote.

"But the success of Chariot Skates Ltd as a company or the product is not the most important thing to me. The most important thing is my relationship with the Lord and being in his will. Whatever happens I will always be grateful for the journey, the people I've met and the relationships that I've built along the way. Sometimes the most precious things are learned in times of struggle and hardship, and I also know that no experience is wasted in Him."

"I am extremely grateful to all the investors who have helped get things as far as they

have. Because of their faith and trust in me, and for most of them their faith in God, they are very precious to me and I would dearly like it to succeed for their sakes more than for mine.

"Our biggest potential market is Europe. That is where the world's largest cycling, skating and skiing communities are. Paris still gets 5-10,000 people skating in public street events in their Spring and Autumn.

"I know we have an extremely good product. There is nothing else out there like it for fitness, fun and commuting freedom, so to me the venture has been a wonderful success that I will never regret. I trust if the Lord is willing we will get the sales or the breakthrough that we need to keep going, because I know that all things are possible with him, and getting the sales or giving us the right strategy is not a hard thing for Him."

Since the Oscar winning movie was first released, the phrase 'chariots of fire' has come to be synonymous with the notion of divine power. And that divine power is evident when Michael Jenkins talks about his life and his journey so far. "The Lord knows the beginning from the end and he has been looking after me and he is a restoring and redeeming God. He is more than the most important person in my life, more than my saviour and redeemer: he is my best friend."

Michael will continue on his race as long as he is sure that God is calling him to run. Eric Liddell said "I believe God made me for a purpose, but he also made me fast. And when I run I feel His pleasure."

Michael says "I'm happy that I have my pair of wheelskates and I feel extremely blessed because I've been given back my bicycle, skates and skis in one package."

And as I listen to Michael talk about his 'chariots of fire' I get the feeling that, when he skates, he feels God's pleasure too.

Michael Jenkins is from Adelaide, Australia and has spent recent years working in China with leading carbon composite sporting goods manufacturers on the design and development of wheelskates. He is an electrician with factory maintenance, construction and mining experience but has also had his own businesses both as an electrical contractor and in manufacturing fibre-glass aerodynamic wind deflectors for trucks.

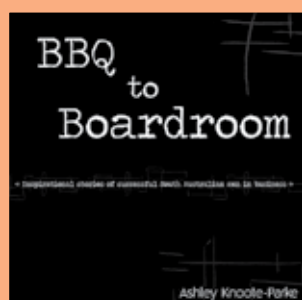




Strength

At the time of writing, Strength has not been published yet but it is well on the way. It is the fourth in the LifeWell series and, upfront, I need to say that it is produced by Rise Publications and I am one of the editors. Now that's out of the way, you also need to know that the contributors are a mix of published and unpublished writers who have this in common: a personal experience of God in their lives and a story to tell about how God's strength has sustained them through life's struggles and hardships. In a world where we can easily become overwhelmed by life's challenges, these stories from ordinary people offer extraordinary hope and will inspire the reader to trust in a God who is larger than themselves, and who cares deeply about mending broken lives. This year, as the reputation of this inspiring little book spreads beyond State and national borders, contributions have been received from around Australia and New Zealand. Strength follows on from previous editions Out of the Wellspring, One Whole Life and Restored (limited copies of these are still available).

Strength will be available for purchase at the LifeWell Conference, 30 August-1 September 2012 or direct from Rise Publications info@risemagazine.com.au



BBQ to Boardroom

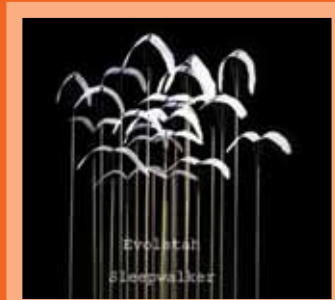
Ashley Knoote-Parke of tish'n enigma books has rounded up 66 of SA's most successful social and commercial entrepreneurs under the title of BBQ to Boardroom to follow up her earlier, very successful venture with high achieving women called Lounge to Boardroom.

Among the men featured in BBQ to Boardroom are a number of friends of Rise Magazine, including former SA Premier Lynn Arnold, Reno Elms of the Salvation Army, Michael Chant from Life FM and Mark Mudri of Mark Mudri and Associates lawyers.

A South African migrant, Ashley is constantly amazed at the reluctance of South Australians to sing the praises of their State and themselves and is determined to change that attitude – one book at a time. "Like all the Boardroom series," she explained, "this is designed to inspire fellow South Australians to achieve."

The book will be officially launched late June and will be available through bookstores and online. The primary financial beneficiary of the publication is the Prostate Cancer Foundation which so far has earned more than \$40,000 thanks to the fund raising efforts of the men featured in the book.

www.bbqtoboardroom.com



Evoletah 'Sleepwalker'

Recorded in Adelaide by local musicians, the band Evoletah consists of four friends who reconnected many years after their original musical association. Sleepwalker is their third CD. The first song, Four Walls, may initially give the impression that you are in for a soft ride, but don't be misled. The album is a mix of gentle outpourings and steady insistent beats that push you forward to another place altogether. The album's title track speaks of something spiritual and hopeful: 'I believe in something, sometimes I'm not sure what it is, I still feel you deep inside of me, calling me home'.

You can't ignore the poetry of the lyrics by Matt Cahill who says he is influenced "by a childhood spent daydreaming on my own and reading books that were perhaps way beyond my understanding! All this gives way to a wide eyed appreciation of the mystery of life." Lead singer Matt and drummer Jason Evers-White are formerly of the Violets and are joined by guitarist Andrew Boyce and bass player James Bosworth. Matt's vocals have a hauntingly familiar quality and if you like your rock songs to have some depth, and perhaps a vague folk flavour, then you'll like this offering.

I found the CD a bit 'more-ish' – I had a taste and wanted to keep going back for more. The album, along with their other releases, is available for purchase through iTunes, CDBaby in the US and through the band's online store at www.evoletah.com



Hope

Launched at a series of 'Breakfasts of Hope' across Australia, the project was first conceived 7 years ago by co-producer Andrew Hagger. Andrew was concerned that people are surrounded by so much negativity and he felt strongly that we all need to hear the voice of Hope. The CD is 'book ended' by comments from Rev Tim Costello, CEO of World Vision Australia. The songs are a mix of traditional hymns, pop songs and original numbers tailor made for the Hope CD.

There is enough variety for almost everyone to find a favourite amongst them. From the beautiful, stripped back acoustic version of 'When I Survey the Wondrous Cross' by Andrew Naylor, to the a cappella rendition of Sarah McLachlan's 'Angel' delivered brilliantly by The Idea of North. One song that has become a fast favourite of mine already is 'Ever Lifted', sung by former Savage Garden backing singer Anna-Maria La Spina. Other artists featured are Olivia Newton John, Darlene Zschech, Stan Walker, Mark Vincent and Annalisa Kerrigan. Having had the privilege of hearing live performances from Anna-Maria, Mark and Andrew at the Adelaide breakfast I was left with a feeling that they really believed what they were singing and this sense of authenticity has translated into the recording as they sensitively communicate the message that, though we live in a broken world, there is hope and it is within our reach.

Available from ABC Music and other retail outlets. Part proceeds of the sale of the CD go to World Vision. www.abcmusic.com.au www.hopeinthislife.com

Reviewer: Wendy Rush
Please email info@risemagazine.com.au if you would like us to publish a review. We will do our best to accommodate all requests but unfortunately we are not able to guarantee inclusion.

RISEWISE

by Nick Hawkes

Toxic Values vs True Purpose

The ways of the world are not the ways of God.

In a world that says: *You are not special, you are just a fluke of nature,*

God says: you are planned, you are known, and you are special to him.

In a world that says: *You have no purpose,*

God says: your purpose is to join his family.

In a world that says: *Put a priority on cultivating your external image,*

God says: put a priority on building internal character.

In a world that says: *Deny yourself nothing,*

God says: die to self and live for God.

In a world that says: *Be selfish,*

God says: live simply and give to those in need.

In a world that says: *It's cool to be antisocial,*

God says: have the courage to be Christ-like

In a world that says: *Let the world mould you into becoming a biddable consumer,*

God says: Live your eternal purpose and inherit your intended destiny.

Godly character is not given a high priority in society today. It has fallen victim to the more pressing need to "be cool" and to be the anti-hero. The cost of this is one of the highest suicide rates in history.

God gives you value, meaning, a role model and a destiny. So why not live your true purpose?

Nick Hawkes has two degrees in science and two in theology. He is the author of a number of books including *The Country is Different*, and *The Dance Between Science and Faith*. He is also the author of the *Basics* discipling series. Nick is a radio broadcaster and noted speaker who has been invited to preach in America and India.



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